Sushi / Sashimi Sushi / Sashimi Sushi / Sashimi Steamed prawn. Fibi Secallop mixed w/mayo, cajun & seaweed flakes. Five may not mayo, cajun & seaweed flakes. Five may not mayo & cajun & seaweed flakes. Five may not may not may not may not be made in the spices of freshly cut was not may not may not be made in the spices of freshly cut was not may not be made in the spices of freshly cut was not may not be made in the spices of freshly cut was not may not be made in the spices of freshly cut was not may not be made in the spices of freshly cut was not may not be made in the spices of freshly cut was not may not be made in the spices of freshly cut was not may not be made in the spices of freshly cut was not may not may not be made in the spices of freshly cut was not make not ma	mon sashimi.
Steamed prawn. Prawn w/ mayo, cajun & seaweed flakes. Spieces of freshly cut sal Hotategai special 3.25 Scallop mixed w/mayo & tobiko. Scallop. Hotategai special 3.5 Scallop mixed w/mayo & tobiko. Scallop. Hotategai special 3.5 Scallop mixed w/mayo & tobiko. Spieces of freshly cut twr Hamachi sashimi Spieces of freshly	mon sashimi.
Vellow tail. Scallop mixed w/mayo & tobiko. Spieces of freshly cut who Toro asahimi Spieces Toro asahimi	10.75
Hotategai	
Scallop. Ika	te tuna sashimi.
Ika Squid. Squid. Squid. Squid. Squid. Squid. Squid. Squid. Squid. Spieces of freshly cut yel Maguro Albacore tuna. Flying fish roe. Flying fish roe. SEARED Miosashimi Chef's choice - 10 pieces sashimi. Sake Salmon. Mio sashimi deluxe Chef's choice - 10 pieces sashimi. Mio sashimi conduction Salmon.	
Squid. Capelin roe. Tobiko 2.75 5 pieces of freshly cut yel Mio sashimi 5 pieces of freshly cut yel Mio sashimi Chefs choice - 10 pieces sashimi. Salw Seared dalmon w/ mayo & green onions. Mio sashimi deluxe Chefs choice - 18 pieces sashimi. Sashimi Salw	-
Maguro	
Ahi tuna 3.5 Red tuna. Sake 2.45 Salmon. Smoked salke 2.65 Smoked salmon. Seared tuna w/ mayo & green onions. Smoked salmon. Seared salmon w/ mayo & green onions. Seared salmon w/ mayo & green onions. Tako 2.65 Octopus. VEGETARIAN Sushi / Sashimi Veggie combo 2, 15 Japanese mushroom. Sweetened bean curd. Sweetened omelet. ALA CARTE MAKIROLLS Crab meat california 5.9 Imitation crab meat, avocado, cucumber, & sesame. California Imitation crab meat, avocado, mayo, & unagi sauce. Dynamite Chef's choice - 10 pieces sashimi. Chef's choice - 10 pieces sashimi. Mio sampior Chef's choice - 10 pieces sashimi. Mio saphimi 2.5 Mio nigiri combo Chef's choice - 10 pieces sashimi. Mio nigiri combo Chef's choice - 10 pieces sashimi. Mio nigiri combo Chef's choice - 10 pieces sashimi. Mio nigiri combo Chef's choice - 10 pieces sashimi. Mio nigiri combo Chef's choice - 10 pieces sashimi. Mio nigiri combo California - 2.15 Sweetened eel. Veggie combo 2 pes shitake, 2 pes inari, kappa roll. kappa roll. kappa roll. kappa roll. kappa roll. Mio sampler - 2 pieces sashimi, 5 pieces sashimi, 5 pieces sashimi. Negi toro - 2.5 Negi hamachi - 5.8 Green onions & yellow tail. Negi toro - 5.9 Green onions & tuna belly. Ahi tuna - 6.2 Lobster - Lobster - 10 pieces sashimi. Mio nigiri combo Chef's choice - 18 pieces sashimi. Mio nigiri combo Chef's choice - 10 pieces sashimi.	
Sake	
Sake	or reality out
Salmon. Seared tuna w/ mayo & green onions. Smoked sake 2.6 Smoked salmon. Tako 2.65 Octopus. Tempura ebi 2.45 Deep fried prawn. Toro 3.5 Tuna belly. Sign up to our newsletter to have a chance to win a \$100 gift card. Www.miosushi.ca A LA CARTE MAKI ROLLS Crab meat california 5.9 Imitation crab meat, avocado, cucumber, & sesame. California 5.9 Imitation crab meat, avocado, mayo, & unagi sauce. Dynamite Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. Seared tuna w/ mayo & green onions. Sake 2.5 Seared salmon w/ mayo & green onions. Wio nigiri combo Chef's choice - 10 pieces Maki combo California 2.15 Sweetened bean curd. Yeggie combo 2 pos shitake, 2 pos inari, kappa roll, & yam roll. Wio sampler 2 pieces sashimi, 5 pieces & outsider roll. PREMIUM ROLL Angelic Prawn tempura, cucumber, Eel, avocado, mayo, & unagi sauce. Negi toro 5.9 Green onions & tuna belly. Ahi tuna 6.2 Red tuna. VEGETARIAN ROLLS Chef's choice - 18 pieces sashimi. Chef's choice - 18 pieces sashimi. Chef's choice - 18 pieces sashimi.	36
Smoked salke 2.6 Sake 2.5 Seared salmon w/ mayo & green onions. Tako	of freshly cut
Smoked salmon. Tako	
Octopus. Seared eel. VEGETARIAN Deep fried prawn. Sushi / Sashimi Toro Tuna belly. Sweetened bean curd. Shitake 2.15 Japanese mushroom. Tamago	
Tempura ebi	
Deep fried prawn. Sushi / Sashimi Toro Tuna belly. Sweetened bean curd. Shitake 2.15 Japanese mushroom. Tamago 2.65 Sweetened omelet. Albacore tuna. California Real crab meat, avocado, cucumber, & sesame. Imitation crab meat, avocado, sesame, & mayo. Deep fried california Sushi / Sashimi Inari 2.15 Sweetened bean curd. Shitake 2.15 Japanese mushroom. Tamago 2.65 Sweetened omelet. Mio sampler 2 pieces sashimi, 5 pieces & outsider roll. PREMIUM ROLL Angelic Prawn tempura, cucumber, Eel, avocado, mayo, & unagi Sele, avocado, mayo, & unagi Sele, avocado, & cream chees Mango, tobiko, & mango sauce. Dynamite Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. VEGETARIAN ROLLS	
Toro Tuna belly. Sign up to our newsletter to have a chance to win a \$100 gift card. Japanese mushroom. Tamago Sweetened bean curd. Shitake Japanese mushroom. Tamago Sweetened omelet. Albacore tuna. California Imitation crab meat, avocado, cucumber, & sesame. Imitation crab meat, avocado, mayo, & unagi sauce. Dynamite Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. Provided the seaweed flakes, sesame, & mayo. Veggie combo 2 pcs shitake, 2 pcs inari, kappa roll, & yam roll. Mio sampler 2 pieces sashimi, 5 pieces & outsider roll. PREMIUM ROLL Angelic Prawn tempura, cucumber, Eel, avocado, mayo, & unagi sauce. Negi toro Green onions & yellow tail. Negi toro Green onions & tuna belly. Ahi tuna 6.2 Red tuna. VEGETARIAN ROLLS Sweetened bean curd. Veggie combo 2 pcs shitake, 2 pcs inari, kappa roll, & yam roll. Angolic Prawn tempura, cucumber, Eel, avocado, mayo, & unagi sauce. Dancing mango Eel, avocado & cream chees Mango, tobiko, & mango sat Tobiko, crunch, seaweed flakes, seaweed, & mayo on too.	
Tuna belly. Sweetened bean curd. Shitake 2.15 Japanese mushroom. Tamago Sweetened omelet. A LA CARTE MAKI ROLLS Crab meat california Real crab meat, avocado, cucumber, & sesame. California Initiation crab meat, avocado, mayo, & unagi sauce. Dynamite Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. Tuna belly. Sweetened bean curd. Shitake 2.15 Japanese mushroom. Mio sampler 2 pieces sashimi, 5 pieces & outsider roll. PREMIUM ROLL Angelic Prawn tempura, cucumber, Eel, avocado, mayo, & unagi sauce. Dynamite Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. VEGETARIAN ROLLS	
Shitake	
a chance to win a \$100 gift card. Japanese mushroom. Tamago Sweetened omelet. ALA CARTE MAKIROLLS Crab meat california Real crab meat, avocado, cucumber, & sesame. California Imitation crab meat, avocado, sesame, & mayo. Deep fried california Imitation crab meat, avocado, mayo, & unagi sauce. Dynamite Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. VEGETARIAN ROLLS Mio sampler 2 pieces sashimi, 5 pieces & outsider roll. PREMIUM ROLL Angelic Prawn tempura, cucumber, Eel, avocado, mayo, & unagi Sel, avocado, mayo, & unagi Sel, avocado & cream chees Mango, tobiko, & mango sau Lobster Lobster Lobster Lobster, avocado, cucumber Tobiko, crunch, seaweed flakes, seaweed. & mayo on top.	a rocado i oli,
Tamago Sweetened omelet. A LA CARTE MAKI ROLLS Crab meat california Real crab meat, avocado, cucumber, & sesame. California Imitation crab meat, avocado, sesame, & mayo. Deep fried california Imitation crab meat, avocado, mayo, & unagi sauce. Dynamite Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. VEGETARIAN ROLLS 2 pieces sashimi, 5 pieces & outsider roll. PREMIUM ROLL Angelic Prawn tempura, cucumber, Eel, avocado, mayo, & unagi Sel, avocado, mayo, & unagi Sel, avocado & cream chees Mango, tobiko, & mango sat Tobiko, crunch, seaweed flakes, sesame, & mayo. VEGETARIAN ROLLS	21.95
Albacore tuna. California 5.9 Imitation crab meat, avocado, mayo, & unagi sauce. Dynamite Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. Sweetened omelet. & outsider roll. Albacore tuna. Maguro 4.5 Albacore tuna. Negi hamachi 5.8 Green onions & yellow tail. Negi toro 5.9 Green onions & tuna belly. Ahi tuna 6.2 Red tuna. VEGETARIAN ROLLS & outsider roll. PREMIUM ROLL Angelic Prawn tempura, cucumber, Eel, avocado, mayo, & unagi Eel, avocado & cream chees Mango, tobiko, & mango sauce. Lobster Lobster Lobster, avocado, cucumber Tobiko, crunch, seaweed flakes, seaweed. & mayo on top.	
Crab meat california 13 Maguro 4.5 Real crab meat, avocado, cucumber, & sesame. California 5.9 Imitation crab meat, avocado, sesame, & mayo. Deep fried california 8 Imitation crab meat, avocado, mayo, & unagi sauce. Dynamite Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. YEGETARIAN ROLLS Albacore tuna. Angelic Prawn tempura, cucumber, Eel, avocado, mayo, & unagi sel, avocado & cream chees Mango, tobiko, & mango sauce. Lobster Lobster, avocado, cucumber, masago, seaweed flakes, sesame, & mayo.	
Real crab meat, avocado, cucumber, & sesame. California 5.9	
California 5.9 Negi hamachi 5.8 Green onions & yellow tail. Dancing mango Eel, avocado, mayo, & unagi sauce. Negi toro 6.2 Red tuna. Seaweed flakes, sesame, & mayo. VEGETARIAN ROLLS Seaweed, & mayo on top.	
Imitation crab meat, avocado, sesame, & mayo. Deep fried california Imitation crab meat, avocado, sesame, & mayo. Deep fried california Imitation crab meat, avocado, sesame, & mayo. Regi toro Green onions & yellow tail. Negi toro Green onions & tuna belly. Ahi tuna Ahi tuna Frawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. VEGETARIAN ROLLS Dancing mango Eel, avocado & cream chees Mango, tobiko, & mango sau Lobster Lobster Lobster, avocado, cucumber Tobiko, crunch, seaweed flakes, seaweed, & mayo on top.	
Deep fried california 8 Negi toro 5.9 Eel, avocado & cream chees Mango, tobiko, & mango sau sauce.	15.00
Imitation crab meat, avocado, mayo, & unagi sauce. Dynamite— Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. Green onions & tuna belly. Ahi tuna Freed tuna. OR BETARIAN ROLLS WEGETARIAN ROLLS Mango, tobiko, & mango sauce. Lobster Lobster Lobster, avocado, cucumber Tobiko, crunch, seaweed flakes, eraweed, & mayo on top.	
Dynamite————————————————————————————————————	
Prawn tempura, cucumber, masago, seaweed flakes, sesame, & mayo. VEGETARIAN ROLLS Lobster, avocado, cucumber Tobiko, crunch, seaweed flakes, seaweed, & mayo on top.	18.25
seaweed flakes, sesame, & mayo. VEGETARIAN ROLLS seaweed, & mayo on top.	r, & tobiko inside.
Ebi & cucumber————————————————————————————————————	kes, shredded
Steamed prawn, cucumber, & sesame. Asparagus, avocado, & sesame. Moo moo (Seared)	
Philadelphia 8 Avocado 4.25 Asparagus & cream cheese Beef, mozzarella cheese, to	
& unagi sauce on top.	, , , , , , , , , , , , , , , , , , , ,
Salmon skin————————————————————————————————————	14 9!
Salmon skin, cucumber, tobiko, sesame, & unagi	
sauce. Yam 6.5 Red tuna, avocado, crunch, Sweet potato, avocado, & sesame. 8 mayo on top.	green onions,
Special Scallop 8.5	
Scallop, cucumber, tobiko, sesame, & mayo. GIANT ROLLS Calamari, cream cheese & t	
Grilled beef, cucumber, tobiko, & spicy mayo. Spider Smoked salmon, ialaneno, r	
Soft shell crab, cucumber,	
Grilled chicken, cucumber, tobiko, & spicy mayo.	
Spicy salmon————————————————————————————————————	S
Salmon, alfalfa, sesame, & spicy mayo. cucumber, tobiko, & mayo. Caterpillar	
Spicy tuna ————————————————————————————————————	
Tuna, cucumber, sesame, & spicy mayo. Avocado, crunch, & mayo o	
Unagi — 11.75 cucumber, tobiko, & mayo. Grasshopper — Grasshopper	top.
Eel, cucumber, tobiko, sesame, & unagi sauce. Asparagus, spring mix, & cu	
Outsider————————————————————————————————————	12.7 cumber inside.
Masago, & seaweed flakes on top. TEMAKI HAND CONES	12.75 cumber inside.
Stampede9.6 California5.3 Sunrise	12.79 cumber inside. mayo on top.
Tuna, avocado & tobiko inside. Salmon, prawn, & avocado on top. Megi hamachi — 5.3 Smoked salmon, special spring mix, cucumber, &	12.75 cumber inside. mayo on top. 8.
Green enions 8 vellow tail	12.75 cumber inside. mayo on top. 8.5 scallop,
Sake————————————————————————————————————	12.7 cumber inside. mayo on top. 8. scallop, masago.
Smoked sake ————————————————————————————————————	12.75 cumber inside. mayo on top. 8.5 scallop, masago. 6.6
Smoked salmon. Salmon skin — 5.99 — Tuna, cucumber, & spicy	12.75 cumber inside. mayo on top. 8.5 scallop, masago
Salmon skin, cucumber, tobiko, & unagi sauce.	12.75 cumber inside. mayo on top. 8.5 scallop, masago
unagi sauce.	12.75 cumber inside. mayo on top. 8.5 scallop, masago. 6.5 nayo. 6.5 mayo.

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+ ADD SEAFOOD-**—** 4.55

HOUSE SALAD —

Signature ginger vinaigrette, corn, onions dried cranberries, sunflower seeds, & grape tomatoes.

+ ADD SASHIMI-

SUNOMONO SALAD —

Glass noodles in sweet and sour vinaigrette ,with cucumber & seaweed.

+ ADD PRAWN / OCTOPUS —





TEMPURA

CLASSIC TEMPURA

Lightly battered & deep fried to create a light, crispy coating. Served with tempura dipping sauce.

PRAWN -VEGETABLE --14.45 ASSORTED-

CRISPY PRAWN —

Lightly battered & deep fried to create a light, crispy coating, drizzled in spicy mayo & topped with tobiko.

TEMPURA EBI SUSHI——

Tempura prawn drizzled in Japanese mayo, unagi sauce, topped with masago, & seaweed flakes.

TO SHARE

EDAMAME -- 4.95

Salted green soy beans.

GYOZA —

Pan fried handmade beef dumplings. Option: Deep fried with spicy teriyaki sauce.

BEEF TATAKI —

Lightly seared on the outskirt, placed on a shallow bed of ponzu sauce, topped off with fresh & fried onions.

AGEDASHI TOFU ——

Soft tofu is cut into cubes, lightly dusted with potato starch & deep fried to a golden brown. Served with tempura dipping sauce.

BBQ PORK BUNS —

Grilled BBQ pork, spring mix, green onions, sesame sauce & signature teriyaki sauce.

RACK OF LAMB-

Grilled lamb drizzled in signature teriyaki sauce & topped off with green onions.





Follow us on Facebook or Instagram and comment and like any post to enter a monthly raffle for a chance to win a \$100 gift card.

SEAFOOD

CALAMARI -

Crispy calamari rings with spicy mayo dipping sauce.

TUNA TATAKI — 14.5

Lightly seared on the outskirt, placed on a shallow bed of ponzu sauce, topped off with fresh & fried onions.

SPRING ROLLS—

Imitation crab meat, prawn & cream cheese. Served with signature wasabi mayo dipping

TAKOYAKI —

Octopus-filled dumplings, crispy on the outside and soft on the inside, topped with katsu sauce, Japanese mayo, bonito flakes, & dried seaweed.

NIGIRI / SASHIMI OMAKASE - 24/36

Experience the Chef's choice of either 10 pieces of Nigiri or 18 pieces of sashimi.

BAKED OYSTERS— - 12

Baked in signature sauce, topped with mozzarella cheese & green onions.

FRESH OYSTERS

Ponzu mignonette, green onions, & lemon.

DOZEN —	33
HALF DOZEN ———	 17
SINGLE -	3
SINGLE	

STONE GRILL SET — 28.95

Includes: Miso soup, salad, rice, & dessert.

8 oz. of assorted meat which includes beef, lamb, prawn, scallop, & salmon.

3 different types of dipping sauce, spicy mayo, signature teriyaki, & sesame sauce.

NOODLES

TONKOTSU RAMEN —————16.5

Pork broth, pork chashu, green onions, soft boiled egg, dried seaweed, corn & fishcake.

TONKOTSU KIMCHI RAMEN — 17.5

Pork broth, pork chashu, chili paste, kimchi, green onions, soft boiled egg, dried seaweed, corn & fish cake.

TONKOTSU BLACK RAMEN — 17.5

Pork broth, pork chashu, black garlic oil, green onions, soft boiled egg, dried seaweed, corn & fish cake

SPICY MISO RAMEN –

Spicy miso broth, pork chashu, green onions, soft boiled egg, dried seaweed, corn & fish cake.

UDON Beef / Chicken / tempura — Thick noodle made from wheat flour, choice

of protein, green onions & seaweed. Served with signature broth.

CREAMY UDON –

Thick noodle stir-fry with zucchini, corn in creamy cajun sauce & topped off with shredded seaweed.

+ ADD CHICKEN / BEEF -+ ADD SEAFOOD

BOWLS include rice, miso soup, & salad.

TERIYAKI BEEF — 16

Perfectly grilled beef with mushrooms. Served with rice & topped with signature Teriyaki sauce.

TERIYAKI CHICKEN —

Perfectly grilled chicken. Served with rice & topped with signature Teriyaki sauce.

TERIYAKI SALMON—

Grilled salmon. Served with rice & topped with signature Teriyaki sauce.

GINGER CHICKEN —

Deep fried chicken stir-fry in signature ginger sauce. Served with rice.

KATSU Chicken / Pork —

Covered in bread crumbs, deep fried to golden brown, placed on a hot pan & cooked in signature Tempura sauce with onions & egg. Served with rice.

SALMON-

ASSORTED -

6 pieces of salmon on a bed of sushi rice, topped with tobiko & shredded seaweed.

6 pieces of albacore tuna on a bed of sushi rice, topped with tobiko & shredded

seaweed.

10 pieces of assorted sashimi on a bed of sushi rice, topped with tobiko & shredded

UNAGI-

5 pieces of grilled eel on a bed of steamed rice, topped with tobiko, sesame, shredded

seaweed & a drizzle of unagi sauce.





👰 please inform your server of any food allergies. 🙉



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1. OUR MENU ITEMS MAY CONTAIN SESAME, DAIRY, GLUTEN, AND SEAFOOD. PLEASE BE AWARE THAT THESE INGREDIENTS ARE USED IN THE PREPARATION OF OUR DISHES, AND WHILE WE TAKE PRECAUTIONS TO PREVENT CROSS-CONTAMINATION, WE CANNOT GUARANTEE THAT OUR FOOD IS COMPLETELY FREE FROM THESE ALLERGENS. IF YOU HAVE ANY DIETARY RESTRICTIONS OR ALLERGIES, WE RECOMMEND INFORMING OUR STAFF SO THAT THEY CAN ASSIST YOU IN CHOOSING THE MOST SUITABLE OPTIONS FROM OUR MENU. 2. FOR PARTIES CONSISTING OF MORE THAN SIX PEOPLE, 18% GRATUITY WILL BE AUTOMATICALLY ADDED TO THE BILL. 3. AN ADDITIONAL FEE WILL BE APPLIED TO MENU ITEMS THAT REQUIRE SPECIFIC MODIFICATIONS OR CHANGES. 4. PRICES AND INGREDIENTS ARE SUBJECT TO MODIFICATION WITHOUT PRIOR NOTICE.